Lane End Youth & Community Centre



Lane End Youth & Community Centre, Edmonds Road, Lane End, High Wycombe, HP14 3EJ

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 Charity Number: 1101360

 [www.leycc.co.uk](http://www.leycc.co.uk)

 Report by Emma Savory

**This Spring at the Centre…**

**February –** ½ term Playcheme is back on TUESDAY 14th FEB,

10am – 3pm, £15 per child (Primary age children )

**April –**  Easter Playcheme on TUESDAY 4th & 11th APRIL

10am – 3pm,

(Primary age children )

**DROP IN’S AFTERNOON TEA**

THURSDAY 13th APRIL

12.30pm

£8.00 pp – booking essential

* **Coffee Morning – Monday 10am –12noon**
* **Gentle exercise – Monday 2.30pm – 3.30pm**
* **Bedouin Breathwork – Monday 7.30pm join us to meditate and explore breathing techniques to help with stress relief and anxiety**
* **Self Defence with Ultra Krav Maga – Tuesday 7pm and Sunday 9am**
* **Junior Youth Club – Wednesday – 6 – 8pm**
* **Drop In Lunch Club - Thursday – 12noon**
* **ZUMBA GOLD with Jennifer Morais – Thursday 10.30 – 11.15am**
* **Lane End Food Bank – Friday 8.45am – 11am**
* **Dog Training – Saturday mornings with Bells and Whistles**

Every Friday 8.45am – 11am

EVERYONE welcome

Take what you need or donate what you can

FREE refreshments

Lane End Youth & Community Centre

**Having a party?** - The Centre is so versatile and can be used for many different events/

Celebrations. Drop Emma an email at leycc@hotmail.co.uk to check availability and prices.



Please add ‘Lane End Youth & Community Centre’ on Facebook,

Remember the Centre is here for the community, please support it!